

Postdoctoral Fellowships (1) Professional (Clinical) Skills - The spectrum of psychopathology and (2) develop expertise in the practice today. At the core of a Fellowship training are individual supervision, and participation in the teamwork of professional colleagues and given the collaborative support a multidimensional service delivery of clinical services that is inevitably acquire considerable depth and breadth in their treatment of 100 clients and triage 40-50 others through psychological evaluation of late adolescent and young adult clinical population, Fellowship skills, and they develop practical understanding of the interplay of social and cultural forces. They also gain experience with the unusual cases presented by those clients who present as both high functioning and diagnosed with a mental illness. Fellowship year meeting or exceeding 100 license -

of their professional competence and personal career direction. In recent years, about half of our Fellows have gone on to acquire permanent positions in university mental health settings. The other half have gone on to work in private/group practices or mental health agencies.

**UNIVERSITY COUNSELING SERVICES (UCS)** is a relatively large and highly utilized university mental health center with primary responsibility for addressing the mental health needs of the Boston College student community. A committed staff of 15 psychologists and social workers and 4 psychiatric prescribers provide a wide range of direct clinical services to approximately 1900 students each year. The department enjoys strong collaborative relationships with faculty, staff, administrators, and student groups, and it reaches the broader university network through indirect services such as consultation, outreach, and prevention programs.

Boston College (BC) has 12 undergraduate and graduate colleges and professional schools. BC students are bright, talented, and diverse. Approximately 35% of the student population identify themselves as persons of color, and the graduate student population, in particular, is substantially international. BC fosters an environment in which students are encouraged to integrate their intellectual growth and personal development. The clients seeking our clinical services are articulate, motivated, and still in the process of shaping key aspects of their identities. They are able to make use of self-exploration and insight-oriented interventions as well as cognitive behavioral treatment strategies to achieve pivotal developmental changes. They make up a psychologically rich population with which Fellows can explore closely and intensively the practice of psychotherapy with late-





## **APPLICATION PROCESS**

We are committed to having a counseling service that is diverse and strongly encourage applicants of all identities and abilities to apply to our postdoctoral fellowship program.